

Confirmation Name Selection and Report Instructions

You may use your birth name for your **Confirmation Name** or you may choose another Christian name. Choosing another name is particularly appropriate if your birth name is not a Saint or Blessed's name.

In choosing a Saint or Blessed, remember:

- Choose a Saint or Blessed that you want to be like, whose life is particularly inspirational to you, or with whom you can identify. Maybe he or she had the same struggles as you and worked through them in a way that you admire.
Maybe they are the patron of something important to you.
- If you are named after a Saint or Blessed, research the life of that Saint or Blessed. See if your life reflects or has something in common with his or her life.
- The Saints were normal people like us who strove to do God's will. Mother Teresa aptly put it after a TV interviewer questioned her, "What are you trying to do, become a saint?" She responded, "Yes, shouldn't we all strive for that?"

There are lots of books of Saints and you can probably find a number of them at your local library. Online, www.catholic.org/saints is a great resource. There is also a *Confirmation Names* app from Catholic publisher Our Sunday Visitor (OSV).

You are to complete a Saint report in your own words, at least one page in length (12 point font maximum, double spaced) containing the following information:

1. Your Full Name (First, Middle, and Last)
2. The Name of the Saint or Blessed you have chosen

Please note: men can choose female Saint names and women can choose male Saint names. Also, feminine forms of male Saint names may be used as well as male forms of female Saint names. Also, names like Grace, Faith, Hope, Charity, Prudence, Justice, Temperance, Joy, and Chastity may be used (with reports written on just items 6 and 7 below in regards to them.)

3. The Feast Day of this Saint or Blessed you have chosen
4. Where and when this Saint or Blessed lived and some highlights of their life
5. Why you chose this Saint or Blessed
6. The qualities of this Saint or Blessed that you want to try to reflect in your life

This report is due on the first Yr.2 Confirmation class of 2017